



白宮醫師備忘錄



PHYSICIAN TO THE PRESIDENT
THE WHITE HOUSE

April 13, 2025

MEMORANDUM

TO: KAROLINE LEAVITT
WHITE HOUSE PRESS SECRETARY

FROM: CAPT SEAN P. BARBABELLA, D.O., MC, USN
PHYSICIAN TO THE PRESIDENT

SUBJECT: PRESIDENT DONALD J. TRUMP'S ANNUAL PHYSICAL EXAMINATION
RESULTS

On April 11, 2025, President Donald J. Trump underwent his annual physical examination at Walter Reed National Military Medical Center. I performed and supervised the comprehensive exam, which included diagnostic and laboratory testing, as well as consultations with fourteen specialty consultants, all in accordance with U.S. Preventive Services Task Force (USPSTF) recommendations. The President has consented to release the physical exam findings to the public.

VITAL STATISTICS:

- Age: 78 years, 10 months
- Height: 75 inches
- Weight: 224 pounds
- Resting Heart Rate: 62 beats per minute
- Blood Pressure: 128/74 mmHg
- Pulse Oximetry: 99% on room air
- Temperature: 98.6 °F

PHYSICAL EXAMINATION AND DIAGNOSTIC SUMMARY:

- **Eyes:** Normal visual acuity, visual fields, and eye pressure. Dilated eye exam was normal.
- **Head/Ears/Nose/Throat:** Examination of the head, ears, nose, and throat revealed no significant abnormalities with the exception of scarring on the right ear from a gunshot wound. Hearing was normal.
- **Neck:** The thyroid and lymph nodes were normal. A July 2024 ultrasound of the carotid arteries showed normal results, and a repeat study was not indicated.
- **Pulmonary:** Lungs were clear on examination and a computed tomography (CT) scan of his chest showed no abnormalities.



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- **Cardiac:** Cardiac examination revealed a regular rate and rhythm with normal heart sounds. Cardiac testing, including an electrocardiogram (EKG) and echocardiogram that revealed no abnormalities. His heart function is normal, with a healthy normal ejection fraction, and blood flow to his extremities is unimpaired.
- **Gastrointestinal/Abdominal:** The abdominal examination and ultrasound were normal. A July 2024 colonoscopy revealed diverticulosis and a benign polyp. Gastroenterology recommended a follow-up colonoscopy in three years.
- **Genitourinary:** No abnormalities noted.
- **Extremities/Musculoskeletal:** His joints and muscles have a full range of motion, with normal blood flow and no swelling.
- **Neurological:** A comprehensive neurological examination revealed no abnormalities in his mental status, cranial nerves, motor and sensory function, reflexes, gait, and balance. Cognitive function, assessed using the Montreal Cognitive Assessment (MoCA), was normal with a score of 30 out of 30. The patient also completed the Patient Health Questionnaire-9 (PHQ-9) and the Generalized Anxiety Disorder-7 (GAD-7) for screening of depression and anxiety, respectively, with scores within the normal range for both.
- **Dermatologic:** The skin examination revealed some minor sun damage and a few benign lesions. No concerning lesions or growths were identified.

LABORATORY RESULTS (Normal Values Included):

- **Lipid Panel:**
 - Total Cholesterol: 140 mg/dL (Optimal <200 mg/dL)
 - Triglycerides: 56 mg/dL (Normal <150 mg/dL)
 - HDL ("Good" cholesterol): 77 mg/dL (Desirable >40 mg/dL)
 - LDL ("Bad" cholesterol): 51 mg/dL (Optimal <100 mg/dL)
- **Complete Blood Count:**
 - White Blood Cells: 4.4 K/ μ L (Normal: 4.0-11.0 K/ μ L)
 - Hemoglobin: 14.5 g/dL (Normal: 13.8-17.2 g/dL)
 - Hematocrit: 44.7% (Normal: 41-50%)
 - Platelets: 229 K/ μ L (Normal: 150-450 K/ μ L)
- **Metabolic Panel:**
 - Glucose (fasting): 89.7 mg/dL (Normal: 70-99 mg/dL)
 - Hemoglobin A1c: 5.2 (Normal: 4.0-5.6)
 - BUN: 18.2 mg/dL (Normal: 7-20 mg/dL)
 - Creatinine: 0.89 mg/dL (Normal: 0.74-1.35 mg/dL)
 - ALT: 41 U/L (Normal: 7-56 U/L)
 - AST: 28 U/L (Normal: 10-40 U/L)
 - Vitamin B12: 486 pg/mL (Normal: 200-900 pg/mL)
 - PSA: 0.10 ng/mL (Normal: <4.0 ng/mL)
 - TSH: 1.42 μ IU/mL (Normal: 0.4-4.0 μ IU/mL)



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- **Urinalysis:** Normal.

PERTINENT PAST MEDICAL HISTORY:

- His medical history is notable for well-controlled hypercholesterolemia, seasonal allergies, a history of COVID-19 infection, well-managed rosacea, actinic keratosis, benign nevi, diverticulosis, and a benign colon polyp.

PAST SURGICAL HISTORY:

- Appendectomy at age 11
- Bilateral cataract surgery

SOCIAL HISTORY:

- Lifelong abstinence from tobacco and alcohol

CURRENT MEDICATIONS:

- Rosuvastatin (cholesterol control)
- Ezetimibe (cholesterol control)
- Aspirin (cardiac prevention)
- Mometasone cream (as needed for skin condition)

IMMUNIZATIONS:

- All recommended vaccinations are current, including travel-related immunizations.

SUMMARY: President Trump remains in excellent health, exhibiting robust cardiac, pulmonary, neurological, and general physical function. His active lifestyle continues to contribute significantly to his well-being. President Trump's days include participation in multiple meetings, public appearances, press availability, and frequent victories in golf events. President Trump exhibits excellent cognitive and physical health and is fully fit to execute the duties of the Commander-in-Chief and Head of State.